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# HADIA BELLY DANCE MASTER WORKSHOP Dance Like an Egyptian and more

## Workshop Descriptions

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Date: **Friday, 16 March 2012**

Time: **2:00 pm - 5:00 pm**

Venue: **Oasis Dance Centre**

### **Body Logic with Transitions and Taqasim Baladi**

Hadia's unique and revolutionary Body Logic Technique and simple yet effective variation and transition tools, will prepare you for Oriental Improvisation - Taqasim Baladi. You will be surprised how easy it really is....

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Date: **Friday, 16 March 2012**

Time: **7:30 pm - 10:30 pm**

Venue: **Dance Concept Studio**

### **Salsa Oriental Choreography**

For a Fusion made in Heaven and a double dose of Fun for Everyone!!! Hadia's Salsa Oriental choreography combines her wild hip work, sizzling Salsa steps from Cuba to Venezuela, with a dash of Brazilian Samba meet the elegance and sensuality of Egyptian Orientale.

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Date: **Saturday, 17 March 2012**

Time: **12:00 nn - 2:30 pm**

Venue: **Oasis Dance Centre**

### **Shaabi (with Milaya) Choreography** *\*Please bring your own veil or milaya*

This charming and coquettish character dance form evolved during the 1960's as Egyptian society embraced European and North American cultural influences. The young girls of the cities would often wear "modern" form fitting European style dresses as they went to market, but retained their traditional modesty and natural flirtation with the long black Milaya wrap.

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Date: **Sunday, 18 March 2012**

Time: **1:00 pm - 3:30 pm**

Venue: **Youth Square (6/F, Dance Studio)**

### **Body Logic & Technique for All Levels**

Beginning with a Body Logic warm-up Hadia will fine tune and work through all aspects of essential dance techniques with clarity, simplicity and good fun using her favourite motto. "Work Smart, not Hard!!"

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Date: **Sunday, 18 March 2012**

Time: **4:00 pm - 7:00 pm**

Venue: **Youth Square (6/F, Dance Studio)**

### **Oriental Choreography - Ba'eed Anak**

Hadia has studied and perfected the art of Egyptian Dance with Egypt's greatest legends and is happy to present the latest steps, styling and combinations. Take this chance to reach into your soul and discover this Oum Koulsum classic!

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Date: **Monday, 19 March 2012**

Time: **2:00 pm - 5:00 pm**

Venue: **Oasis Dance Centre**

### **Drum Solo**

Hadia is famous for her high energy, creative and innovative drum solos. Discover her vast repertoire of hip articulations: locks, pops, tucks, non-stop shimmies and surprise moves!

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Date: **Monday, 19 March 2012**

Time: **7:30 pm - 10:00 pm**

Venue: **Dance Concept Studio**

### **Turkish Rom**

The Romani people are the undisputed masters of music, dance and fusion! Hadia will share with you the Turkish version of this gypsy dance; typified by the unusual 9/8 rhythm, intricate footwork, a wide range of unique hand gestures, movements and its quintessential "atamak gobek" or tummy throwing.

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Date: **Tuesday, 20 March 2012**

Time: **7:30 pm - 10:00 pm**

Venue: **Dance Concept Studio**

### **Saidi and Raqs Assaya** *\*Please bring your own cane*

This style of Egyptian folk dance, which comes from the Said region of Upper Egypt, is the best know and most loved of the Egyptian folklore repertoire. It reflects the earthy playful character of the Saidi woman and combines this with the lyrical elegance of the man's martial art/dance of "Tahtiyb".

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### **Venues**

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| <b>Oasis Dance Centre (ODC) 2522 6698</b><br>4/F, Anton Building, 1 Anton Street, Wanchai<br><a href="http://www.oasis-dance-centre.com">www.oasis-dance-centre.com</a> | <b>Dance Concept Studio (DCS)</b><br>7/F, Great Smart Tower,<br>230 Wanchai Road, Wanchai | <b>Youth Square (YS)</b><br>6/F, Dance Room,<br>280 Chai Wan Road, Chai Wan |
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